



## LUNCH MENU

### - WHILE YOU WAIT -

BREAD & OLIVES . . . . .	6.5
<i>Alex Gooch bread board, mixed olives, olive oils, sea salted butter</i>	
MIXED OLIVES . . . . .	3.5
ROASTED SALTED NUTS . . . . .	2.5

### - TO START -

BRUSCHETTA OF WELSH RAREBIT . . . . .	6.5
<i>Cheese sauce on sourdough, apple chutney, rocket</i>	
CREAMY GARLIC MUSHROOMS . . . . .	7.9
<i>Roasted creamy garlic mushrooms, toasted sourdough bread</i>	
SALT & PEPPER SQUID . . . . .	6.9
<i>Salt and pepper coated squid rings, winter slaw, garlic aioli</i>	
ROASTED BUTTERNUT SQUASH SOUP . . . . .	6.9
<i>Chef's homemade soup, toasted focaccia, salted Welsh butter</i>	
FRIED CRISPY CHICKEN WINGS . . . . .	6.9
<i>Five BBQ/ASIAN or BLUE CHEESE crispy wings</i>	
KATSU CAULIFLOWER WINGS . . . . .	5.9
<i>Cauliflower wings coated in a katsu sauce</i>	

### - CLASSICS -

RICH BEEF LASAGNE . . . . .	14.5
<i>Homemade beef lasagne, toasted garlic focaccia, side salad</i>	
WELSH ALE BATTERED FISH & CHIPS . . . . .	15.9
<i>Felinfoel ale battered fish of the day, chunky chips, mushy peas, handmade tartare sauce with a fresh lemon wedge</i>	
RICH BEEF CHILLI CON CARNE . . . . .	14.9
<i>Homemade beef chilli, sour cream, nachos, rice (half &amp; half +2)</i>	
SCAMPI & CHIPS . . . . .	14.5
<i>Scampi, chunky chips, handmade tartare sauce, side salad</i>	
PIE OF THE DAY . . . . .	16.5
<i>Homemade pie of the day, puff pastry lid, peas, gravy, chips or mash</i>	

### - CURRIES -

SWEET POTATO AND CHICKPEA CURRY . . . . .	14.5
<i>Served with teardrop naan, pappadum, mango chutney, rice (half &amp; half +2)</i>	
CURRY OF THE DAY . . . . .	14.9
<i>Served with teardrop naan, pappadum, mango chutney, rice (half &amp; half +2)</i>	

### - DRAGON BURGERS -

THE DRAGON BURGER . . . . .	14.5
<i>Two 4oz beef patties, house burger sauce, shredded baby gem, red onion, Swiss cheese, brioche bun, fries</i>	
THE MOUTH OF THE DRAGON BURGER . . . . .	14.9
<i>Two 4oz beef patties, chilli relish, shredded baby gem, red onion, Swiss cheese, brioche bun, fries</i>	
THE DRAGON CHICKEN BURGER . . . . .	14.5
<i>Katsu curried 8oz chicken breast, minted yogurt, shredded baby gem, red onion, brioche bun, fries</i>	
THE DRAGON VEGGIE BURGER . . . . .	14.5
<i>Moving Mountain's burger patty, shredded baby gem, red onion, Swiss cheese, brioche bun, fries</i>	

### - SANDWICHES -

On thick toasted sourdough bread & mixed salad

CHICKEN CLUB . . . . .	8.5
<i>Smoked Welsh bacon, shredded chicken, shredded baby gem, beef tomato, mayonnaise</i>	
FLAT IRON STEAK SANDWICH . . . . .	9.9
<i>4oz flat iron, caramelised onion chutney, shredded baby gem</i>	
MOZZARELLA, TOMATO AND PESTO . . . . .	7.5
<i>Melting mozzarella on toasted sourdough, tomatoes, basil pesto</i>	
SWEET CHILLI CHICKEN . . . . .	7.9
<i>Breaded spiced chicken, sweet chilli sauce, baby gem lettuce</i>	
PRAWN AND CRAYFISH MAYONNAISE . . . . .	8.5
<i>Prawn and crayfish, creamy paprika mayonnaise, shredded baby gem</i>	
FISH FINGER SANDWICH . . . . .	7.9
<i>Fish finger, homemade tartare sauce, shredded baby gem</i>	

### - VEGETARIAN / VEGAN DISHES

VEGAN CHILLI . . . . .	13.5
<i>Vegan three-bean chilli, basmati rice, nachos</i>	
VEGETARIAN WINTER BAKED GOATS CHEESE SALAD . . . . .	14.5
<i>Goats cheese, roasted beetroot, squash, kale</i>	
PROVENÇAL VEGETABLE LASAGNE . . . . .	13.9
<i>Homemade vegetable lasagne, toasted garlic focaccia, side salad</i>	
WINTER VEGETABLE PIE . . . . .	14.9
<i>Homemade vegetable pie, puff pastry lid, winter vegetables, chips or mash</i>	
ALE BATTERED HALLOUMI . . . . .	14.5
<i>Felinfoel ale battered halloumi, chunky chips, mushy peas, handmade tartare sauce</i>	